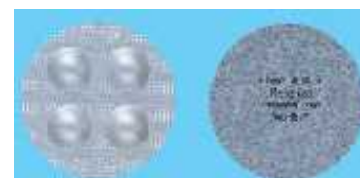


**Brand name : Relenza [prophylaxis]****Active ingredient:** Zanamivir hydrate**Dosage form:** powder to inhale by mouth, in medicine disks (circular blister packs)**Print on wrapping:** Relenza (zanamivir) 5mg, Rotadisk, GlaxoSmithKline**Effects of this medicine**

This medicine prevents the growth of virus, influenza A and influenza B, for prophylaxis of influenza.

Before using this medicine, be sure to tell your doctor and pharmacist

- If you ever experienced any allergic reaction (itch, rash etc.) to any medicine. If you ever had allergic symptoms such as itch and rash after inhaling this medicine, DO NOT use it.
- Make sure your doctor knows if you are already pregnant or are breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

**Dosing schedule (How to take this medicine)**

- Your dosing schedule prescribed by your doctor is << to be written by a healthcare professional >>
- Dose 2 blisters (10mg of the active ingredient) at a time, once a day, for 10 days in a row. Use the device (Diskhaler) to inhale.
- Strictly follow the order of your doctor, and use the specified device, Diskhaler, to inhale.
- Read the instruction carefully on "how to place the medicine disk on Diskhaler and how to inhale" which is a section of "Relenza instruction." Lay back and relax when inhaling.
- If you are ordered to use this medicine on regular schedule and you missed a dose, apply (inhale) as soon as possible. If it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. DO NOT take (inhale) a double dose to make up for the missed dose.
- If you took too much of this medicine (more than ordered), check with your doctor/pharmacist.
- Do not stop taking medicine without the instructions of your doctor.

**Precautions while taking this medicine****Possible adverse effects of this medicine**

Common side effects are reported as below. If any of them occurs, check with your doctor/pharmacist: Rash, diarrhea, nausea, vomiting, taste disorder.

The symptoms described below are rarely seen as initial symptoms of the adverse effects indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.

- Swelling/itching inside mouth, at throat, or on face; rash, hives [anaphylaxis]
- Respiratory distress, difficult breathing, palpitation, fast heartbeat [bronchospasm, respiratory distress]

The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.

**Storage conditions and other information**

- Keep out of the reach of children.
- Store away from heat, humidity and direct sunlight.
- Discard remaining medicine; do not store them.

For healthcare professional use only:

For further information, talk to your doctor or pharmacist.